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Dennis L. Sun

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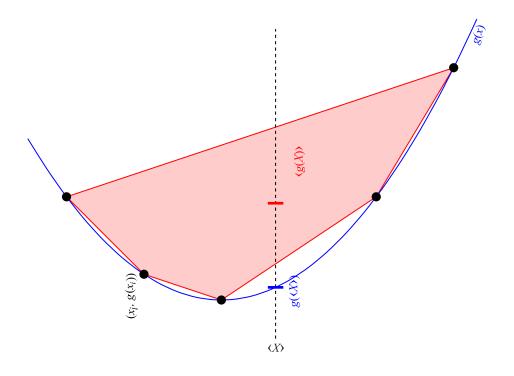
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Proof Without Words: Convex Hulls and Jensen's Inequality

Dennis L. Sun (dsun09@calpoly.edu), California Polytechnic State University

Let X be a random variable and $\langle X \rangle$ its expected value. In the case where X is equally likely to be any of the values $x_1, ..., x_n, \langle X \rangle$ is simply the arithmetic mean $\frac{1}{n} \sum_{i=1}^n x_i$.

Jensen's inequality says that $g(\langle X \rangle) \leq \langle g(X) \rangle$ for any convex (i.e., concave up) function *g*. Taking $g(x) = x^2$, one obtains the inequality between the arithmetic mean and the root mean square [1].



Jensen's inequality says that $g(\langle X \rangle) \ge \langle g(X) \rangle$ for any concave (i.e., concave down) function g. Taking $g(x) = \log x$, one obtains the AMGM inequality [1].

References

[1] Kung, S. (1990). Harmonic, geometric, arithmetic, root mean inequality. College Math. J. 21, 227.

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